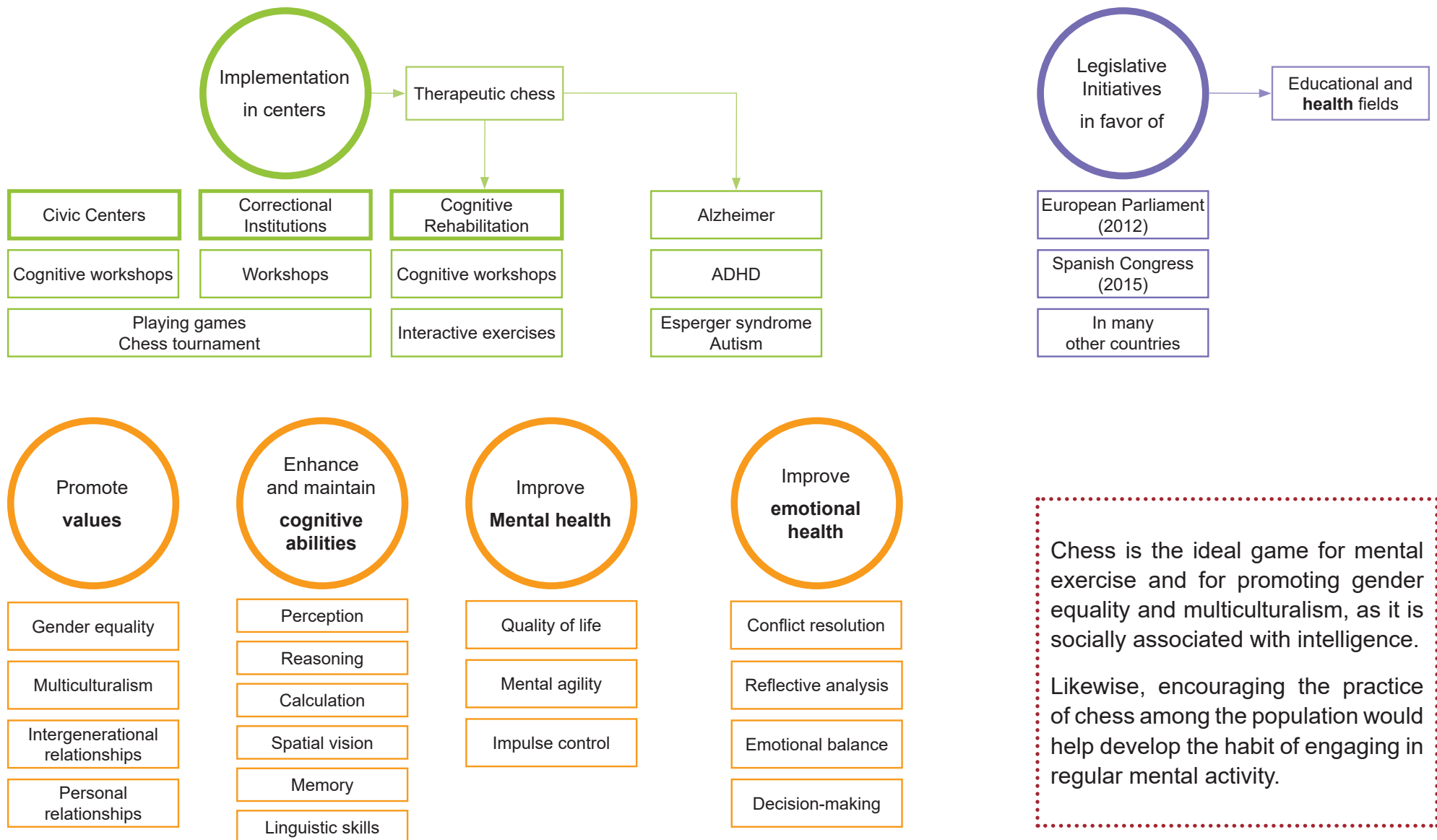
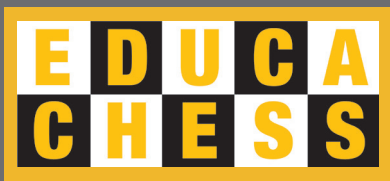




SOCIAL PROJECT

SCHEME





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Annex 5

Portraits of Chess Masters

Portraits of Chess Masters is based on the portraits from the chess player collections and the books of the same name. Currently, there are three collections of lithograph portraits: two dedicated to world champions (in oil and watercolor) and one to women champions (in oil).

Based on these materials—especially the portraits of the women's world champions—a **campaign** is being developed to **promote gender equality** through one or more **international traveling exhibitions** in roll-up format. These will be complemented by **educational and recreational workshops** aimed at schools, civic centers, and community spaces.



Social

Chess, being associated with intelligence, allows women and men to compete on equal terms, breaking stereotypes and fostering a more inclusive and equitable society.

Educational

The educational and recreational **workshops** will be designed based on the content of the *Portraits of Chess Masters* books, with the aim of promoting values such as **gender equality**, **multiculturalism**, and **social inclusion**.

Solidarity

The portraits make it possible to launch a **crowdfunding** campaign based on 64 collections of lithographs, numbered and signed by Nistal Mayorga.

The funds raised may be used both to finance the Educachess project and to support various charitable causes. See Annex 7.

Sports

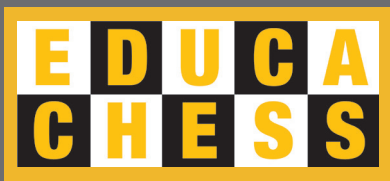
Promoting the achievements of women in high-level competition helps increase their presence in tournaments and contributes to normalizing their role in the sports arena, encouraging new generations to engage in competitive chess on equal terms.

REsearch

As this is an international campaign, each country may include nationally renowned female chess players, which will require research and the development of specific materials, and possibly new portraits for the traveling exhibitions.

Cooperative

The materials generated through *Portraits of Chess Masters* could form a section of a future **International Chess Museum**, to which contributions from each participating country would be added, thereby enriching its global scope.



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Annex 9

Therapeutic chess for adults

Chess as a therapeutic resource can be applied in two complementary areas: in schools, as support for students with ADHD or other behavioral disorders, and in the **cognitive rehabilitation** of adults affected by stroke, Alzheimer's, addictions, or other neurological conditions. In the school setting, these interventions are integrated into the broader project of implementing *educational chess* in the classroom.

Characteristics

Therapeutic chess is based on **neuroplasticity**, understood as the brain's ability to reorganize itself and form new connections in response to experience and learning. Through chess practice, this plasticity is naturally stimulated, making the game a highly valuable tool for **therapeutic intervention**.

The nature of chess—which demands memory, attention, planning, inhibitory control, and problem-solving—allows for direct work on **executive functions**, which are essential both in daily life and in **rehabilitation** processes.

Its playful aspect enhances adherence to intervention programs, making chess an ideal resource for designing engaging neurorehabilitation exercises tailored to different patient profiles.

Research

Scientific research shows that cognitive stimulation and regular physical activity promote the reorganization of synaptic connections, the strengthening of existing synapses, the creation of new neural networks, and even neurogenesis processes—key evidence of neuroplasticity.

Educational

Based on the materials already published and those currently being planned within the *Educachess* project, specific resources for therapeutic chess will be developed.

Some of these materials will be adaptations of the dossiers from the *Active Mind* and *Research collections*.

Social

Given the lack of accessible resources, it is essential to provide high-quality materials—books, PDFs, and interactive content—that enable individuals and organizations to carry out effective cognitive rehabilitation sessions.

Solidarity

The proceeds from the sale of therapeutic chess materials will be allocated to causes directly related to this field.

To ensure maximum transparency and effectiveness, the management of these sales should be handled by the benefiting foundations and/or associations.

Cooperative

Collaboration agreements will be established with foundations and/or associations to improve the quality of the materials and optimize the methodology of their application.

Likewise, cooperation with other working groups specialized in therapeutic chess will be encouraged.

Sports

The advantage of therapeutic chess is that, in addition to its rehabilitative function, it enables individuals to learn the game itself, making it easier for its practice to become part of the healthy habits of these groups.